If your child or you as a young adult is receiving support from several different organisations, you may feel that the support needs to be coordinated. These organisations could include the school, preschool, social services or the health service. If that is the case, you can receive help to arrange a meeting to draw up a coordinated individual plan, what is known as a SIP (samordnad individuell plan).

**SIP MEETING**

At a SIP meeting, you and the other people involved decide on a set of common objectives and you also agree on who should do what. The results are then written down in the form of a coordinated individual plan. You will meet again at a later date to talk about how things have gone and to see if anything in the plan needs to be changed.

To organise a SIP meeting we require your consent. You will be involved in planning the meeting and deciding who will be invited. After the meeting you will be able to take the written plan away with you.

**WOULD YOU LIKE HELP TO ARRANGE A SIP MEETING?**

If you would like help to arrange a SIP meeting, talk to one of your preschool, school, social services or healthcare contacts.